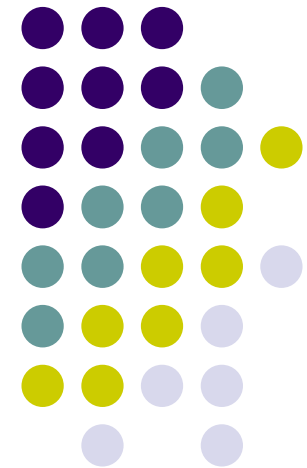


# Malignant melanoma clinical aspects

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Dr. Battyáni Zita





# Malignant melanoma

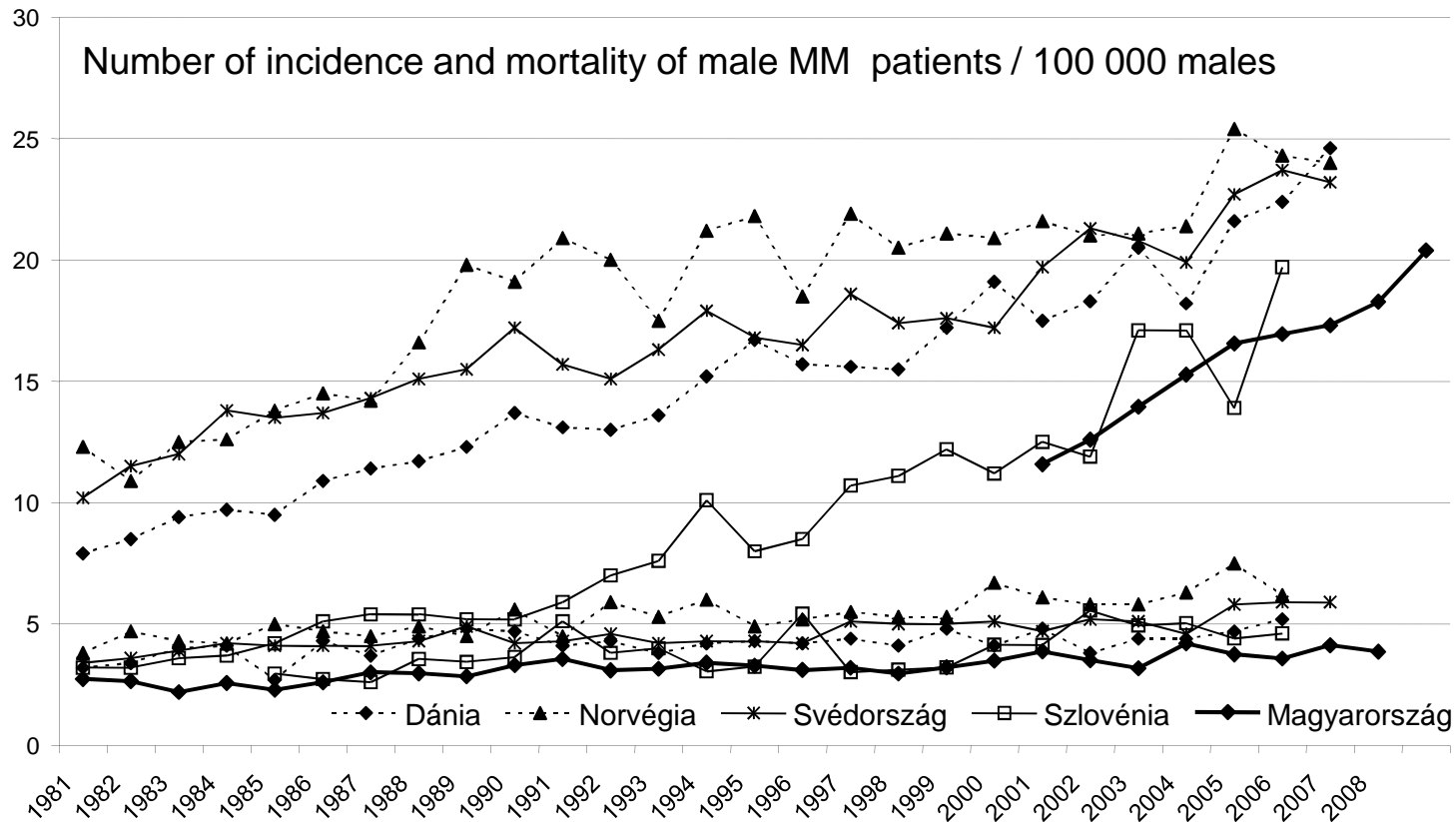
- Definition:
  - arise from melanocytes
  - the most serious oncological problem
  - incidence and mortality rise
  - affects relatively younger population
  - great tendency to early metastasis
  - the only treatment is the early recognition and the surgical excision
  - advanced tumor responds poorly



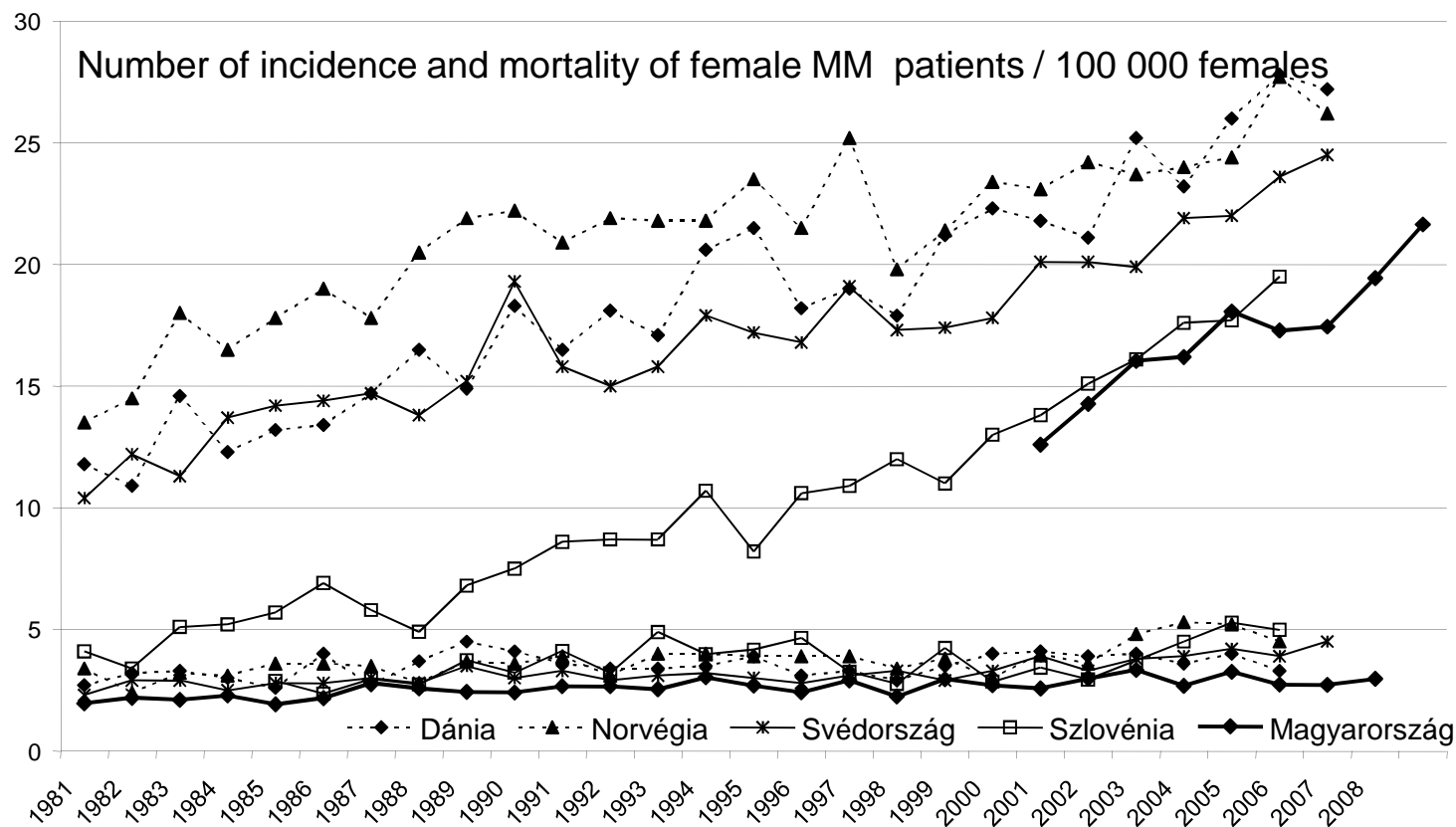
# Epidemiology

- Incidence dramatically increases
  - Australia: 50/ 100 000
  - Europe: 15-20/ 100 000
  - Mexico 40 /100 000 (above 2000 m)
  - Hungary 2110 / year (2009)

# Incidence of Malignant melanoma in Hungary 2008 ( male )

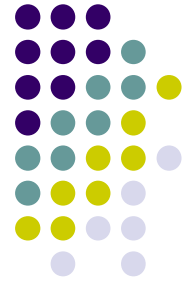


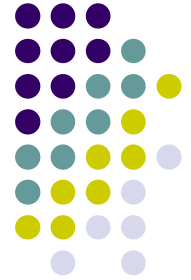
# Incidence of Malignant melanoma in Hungary 2008 (female)



# Epidemiology

- F>M
- Age affected  
~40-60 years (increased 20-30 y)
- Among blacks is very rare, mainly localized subungual, on palm, soles and mucosa





# Epidemiology

- Life time risk in USA
  - 1935 1:1500
  - 1980 1:250
  - 2000 1:70
  - 2010 1:50
- Life time risk in Australia
  - 2000 1:60



# Etiology and pathogenesis

- The exact cause is unclear
- Genetical and environmental factors
- 10% show familial occurrence
- Iatrogenic or acquired immunosuppression
  - Melanoma risk increased 3x



# Etiology, pathogenesis

- UV irradiation- UVA-pyrimidin dimers
  - Single, high dose exposition
  - Sunburns, mainly in childhood
    - >3 sunburns, melanoma RR increased 3x
- Presence of nevi
  - 25-40% of melanoma arise from nevi
  - > 50 nevi melanoma risk is 5X higher
  - Atypical or dysplastic nevi, dysplastic nevus syndrome
  - Giant congenital nevi
  - Mechanical irritation and repeated damages





# Etiology, pathogenesis

- Chromosomal alterations:
  - 9p21- cell cycle regulation (CDK2A)
  - BRAF és RAS mutation
  - Raf-MAPK kinase-ERK (RAF-MEK-ERK)
  - PI3K/**PTEN**/AKT pathway (leads to apoptosis blockade)
  - Interaction between tumor cells and stroma

# Etiology, pathogenesis

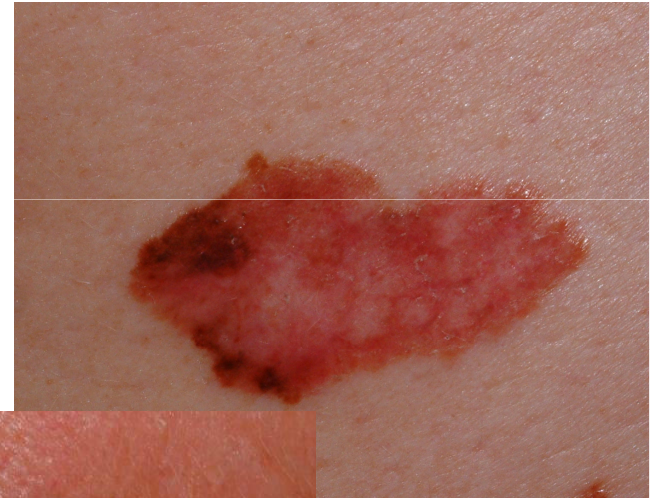
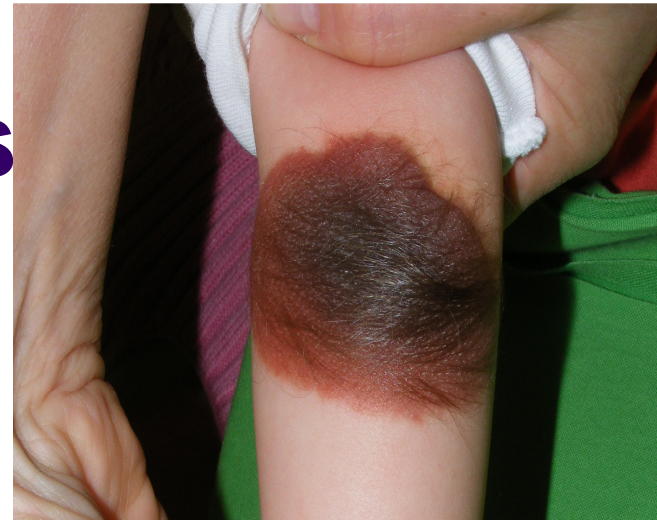


Familial incidence,

- Red hair and freckles in skin types I-II,
- both parents have melanoma the child risk for melanoma 100%
- 10% of melanoma are familial

# Precursor lesions

- Congenital nevi
  - mainly giant and deeper type
- Dysplastic nevi
- *In situ* melanoma (lentigo maligna)
- Without precursor lesion, de novo



# Clinical form of malignant melanoma



- Lentigo maligna melanoma 1%
- SSM 70%
- Nodular melanoma 21%
- Acrolentiginous melanoma 5%
- Non classifiable 3%  
(mucosal, amelanotyc, desmoplastic)

# Lentigo maligna melanoma 1%



The most favorable prognosis

Grows very slowly

Mainly on the face of elderly patients,



# Superficial spreading melanoma (70%)



Favorable prognosis

Long horizontal growth phase

In vertical phase bad prognosis



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# SSM with vertical growth

The prognosis is worse



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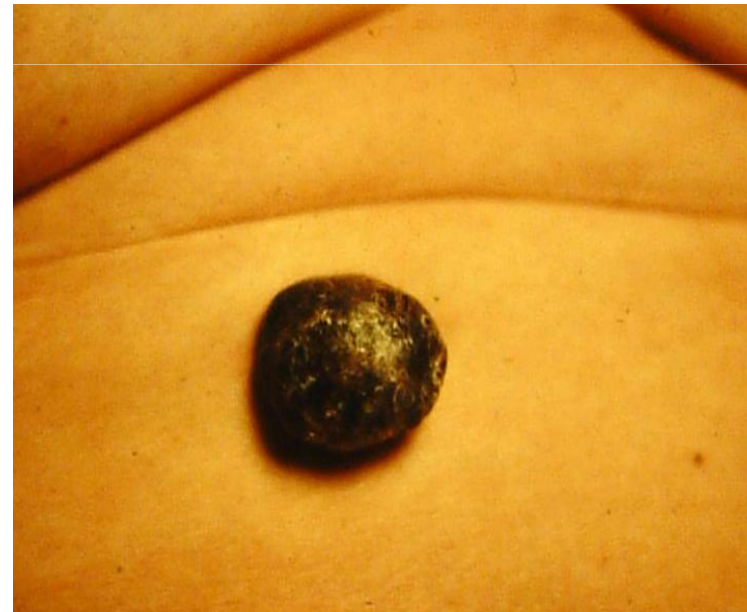
# Nodular melanoma 21%



The 2<sup>nd</sup> most frequent type

Early tendency to vertical growth

Gives early metastases



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# Acral lentiginous melanoma 5%



Palms, soles, subungual

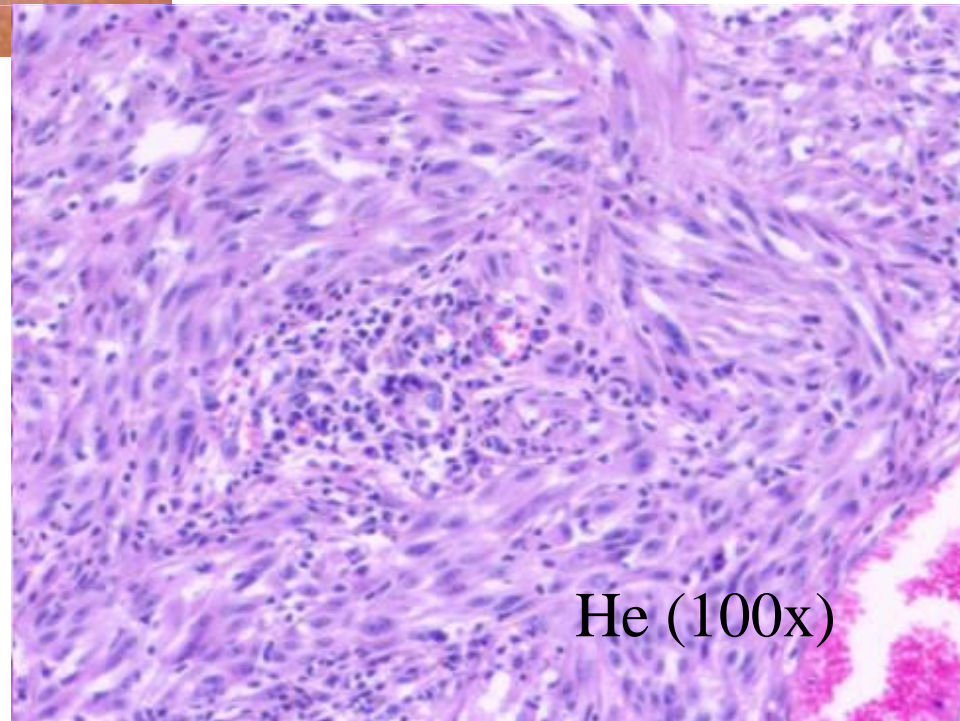
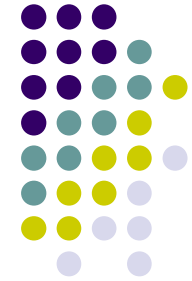
Poor prognosis



Hutchinson sign

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# Amelanotic melanoma

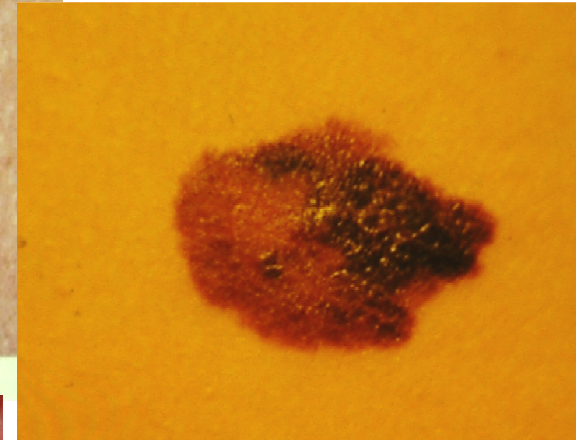


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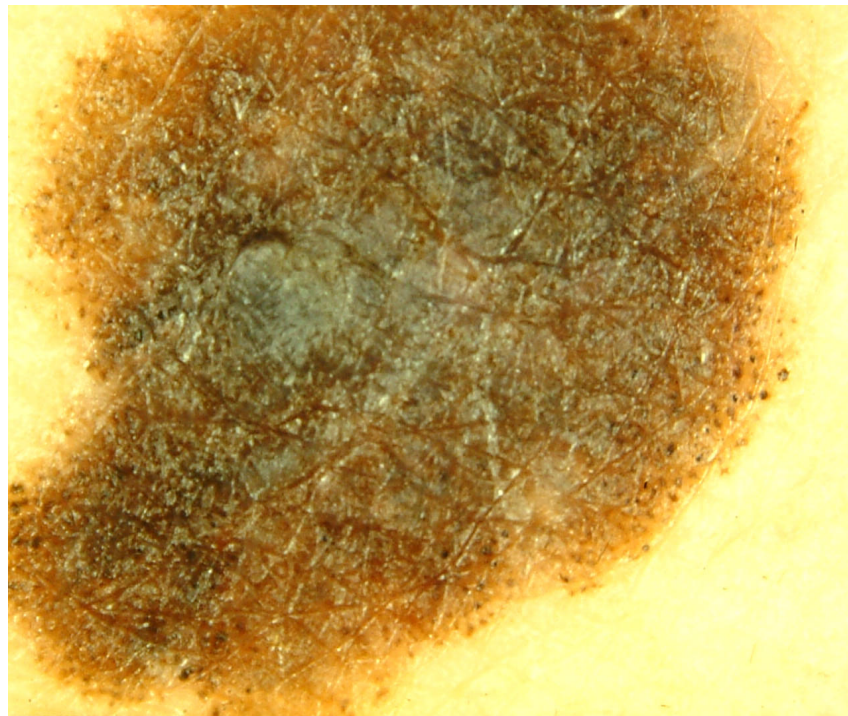
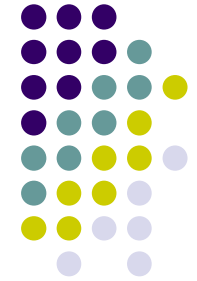
# Suspicion of malignant changes



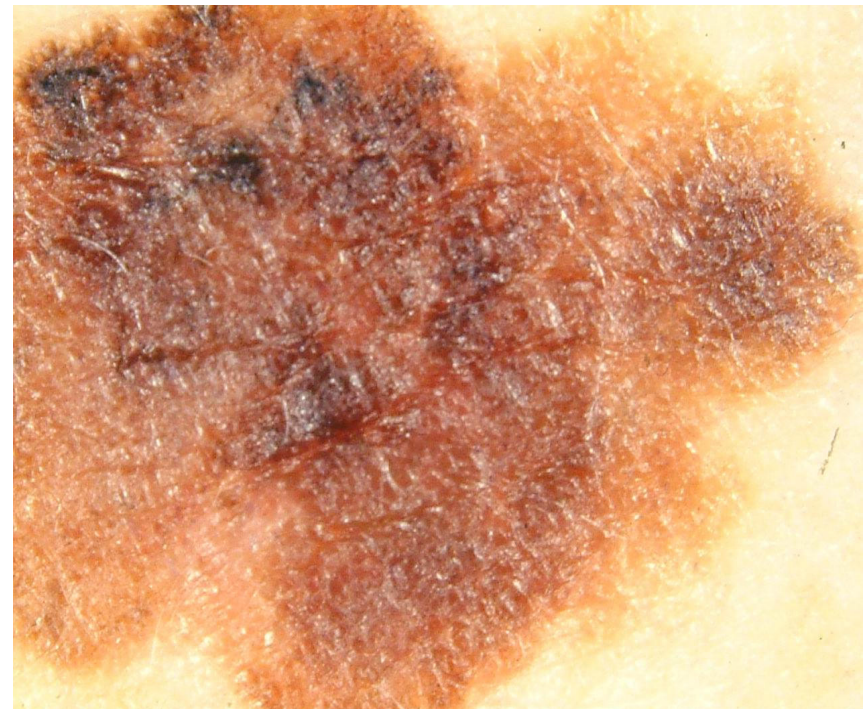
- **A**symmetry
- **B**order (irregular)
- **C**olor (multiple)
- **D**iameter(>6mm)
- **E**levation



# Malignant melanoma Dermoscopy

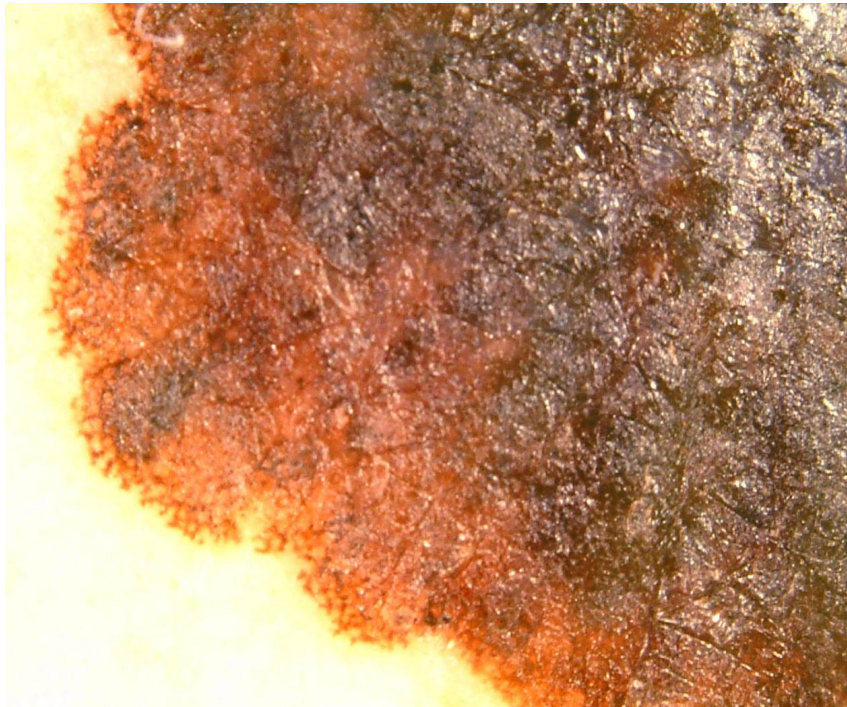


Irregular pigment dots

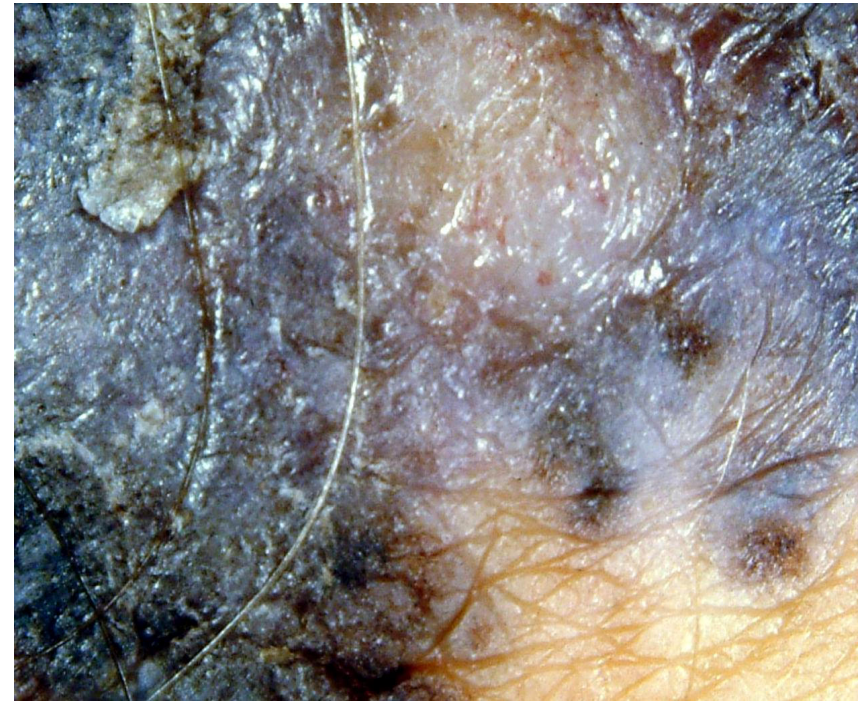


Multiple colors

# Malignant melanoma dermoscopy



Irregular pigment streaks

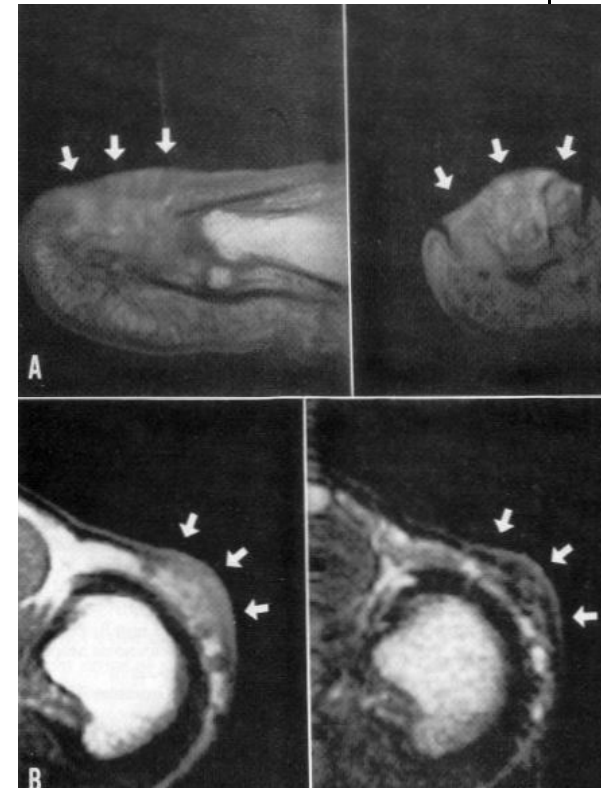
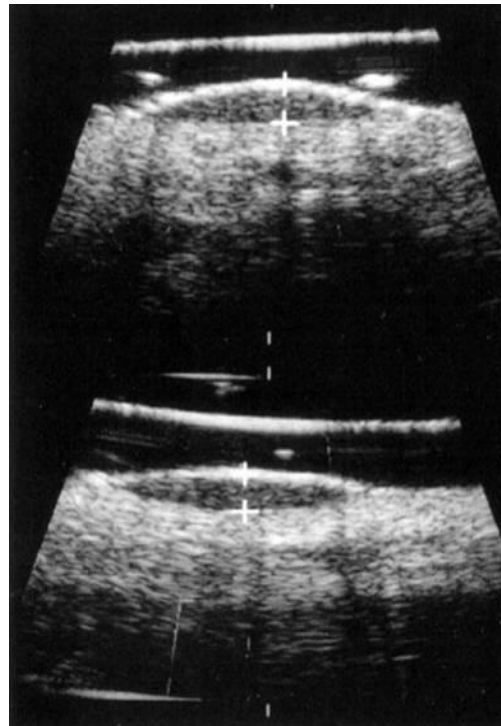


Bluish black color, with milky glass shadows

# The new diagnostic possibility



- Digital dermoscopy - dermoscopy
- 22 MHz ultrasound investigation
- MRI



By lymphatic way



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## By hematological way

Pulmonal

Cerebral

Liver

Skin



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# Differential diagnosis

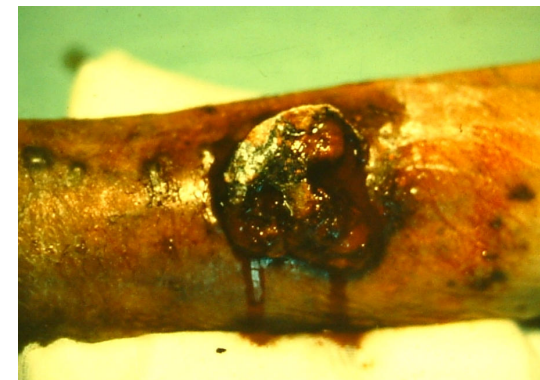
- Nevi
- Dysplastic nevi
- Pigmented basal cell carcinoma
- Verruca seborrhea
- Pyogen granuloma
- Hemangioma



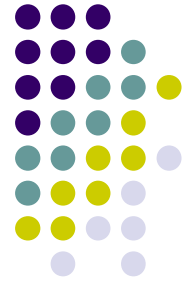
# Clinical prognostic factors of melanoma



- Clinical type (LMM, SSM, ALM, NM)
- Tumor location (extremities, BANS region)
  - BANS: back, arm, neck, scalp
  - Multi-directional lymph drainage
- Age of patients (prognosis worsens with age)
- Sex (male is unfavorable)
- *Worse prognosis*
- Ulceration
- Regression
- Bleeding

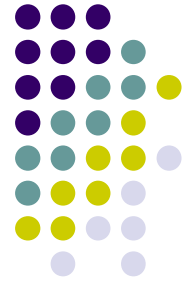


# Histological prognostic factors



- Tumor thickness
- (*Invasion level-*) mitotic rate  $< ; > 1/\text{mm}^2$
- (*Number of mitoses HPF*)
- Micro-ulceration (important in stage I-II-III)
- Lymphocytes infiltration (lack of infiltration)
- Satellites, in transit metastases
- Vascular invasion

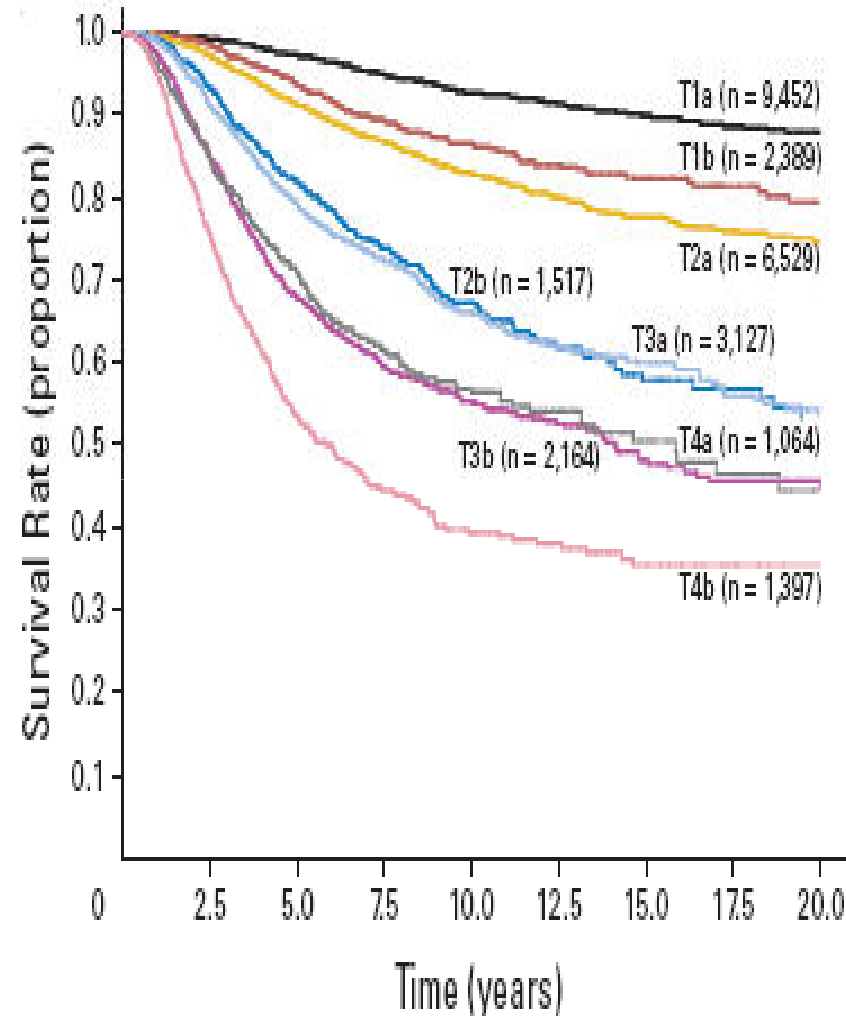
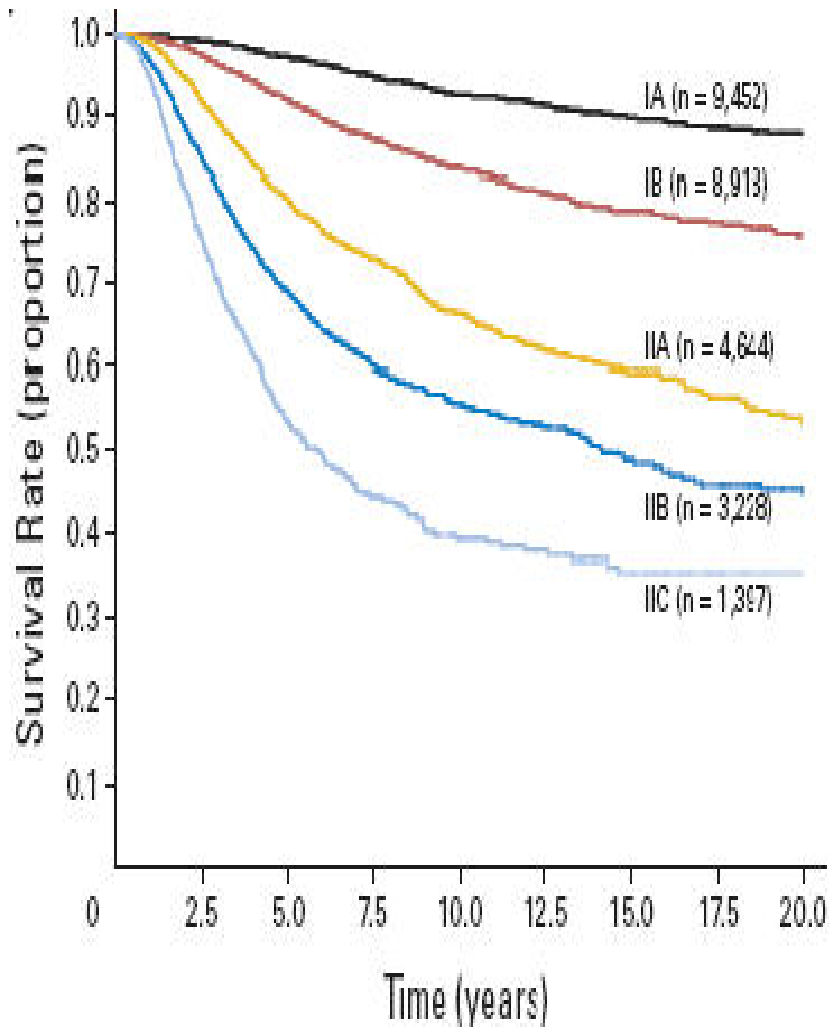
# New findings and definitions in the new version of staging



## Stage I and II

- In patients with localized melanoma most dominant factors
  - Tumor thickness
  - Mitotic rate (mitosis/mm<sup>2</sup>)
  - Ulceration

# Survival rate comparing the different T categories and stage I and II



# New prognostic parameter

## The mitotic rate



- Mitosis/mm<sup>2</sup> mitotic rate <; > 1/mm<sup>2</sup>
- Mitotic rate replaces level of invasion as a primary criterion for T1b melanoma



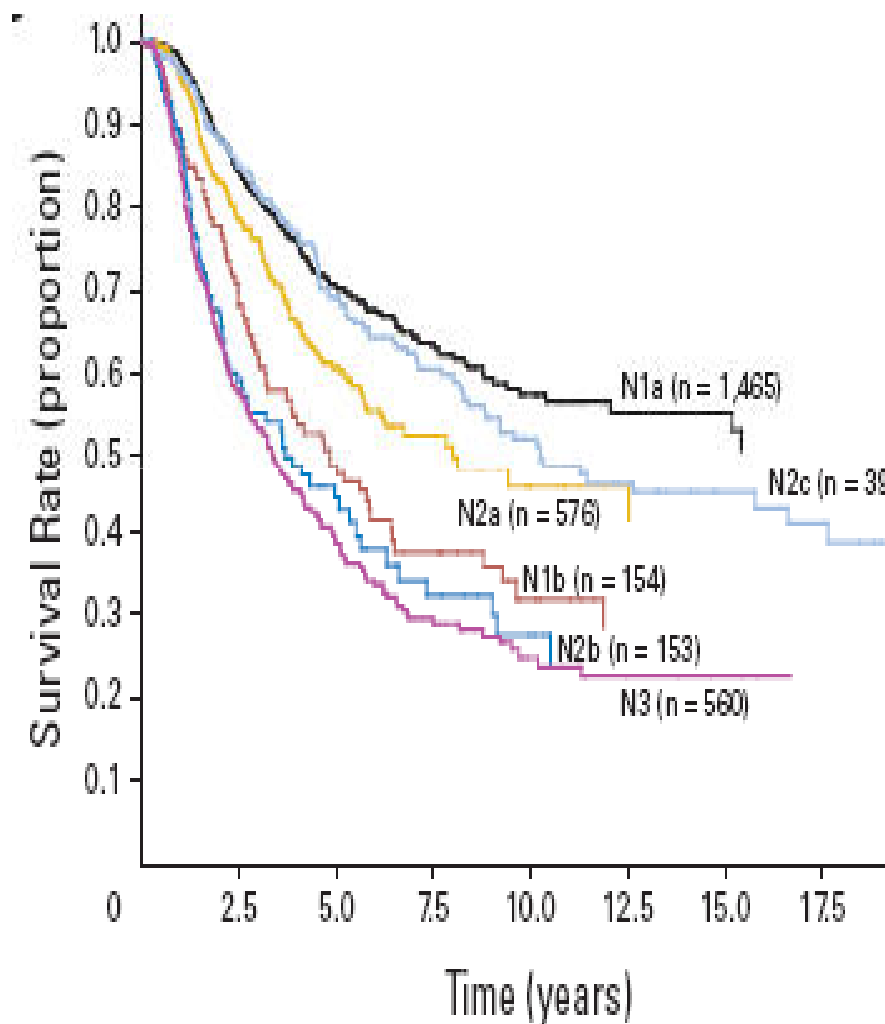
## New findings and definitions in the new version of staging **Stage III.**



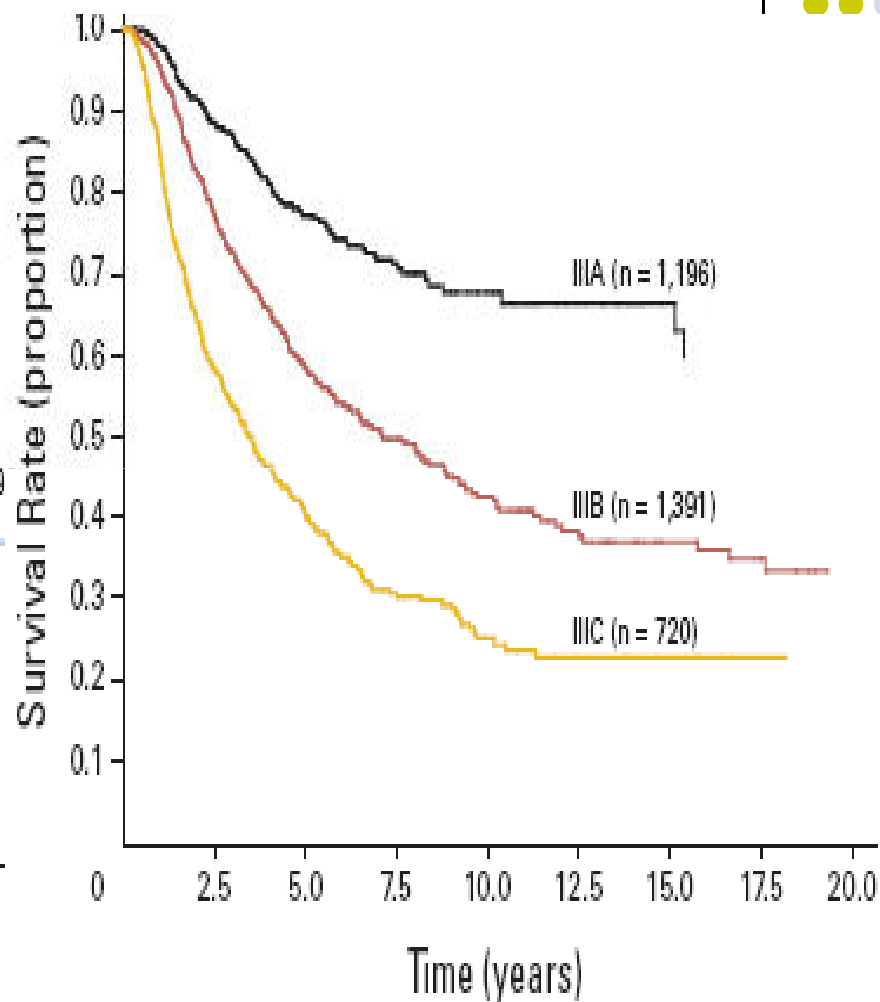
- Determinant by patients with regional metastases
  - Number of metastatic nodes
  - Tumor burden
  - Ulceration of the primary melanoma
- All patients with microscopic nodal met., regardless of tumor burden classified as *Stage III.*
- Micro metastases detected by immunohistochemistry are specifically included (HMB45, Melan-A/MART )

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## Survival rate comparing the different N categories and stage III



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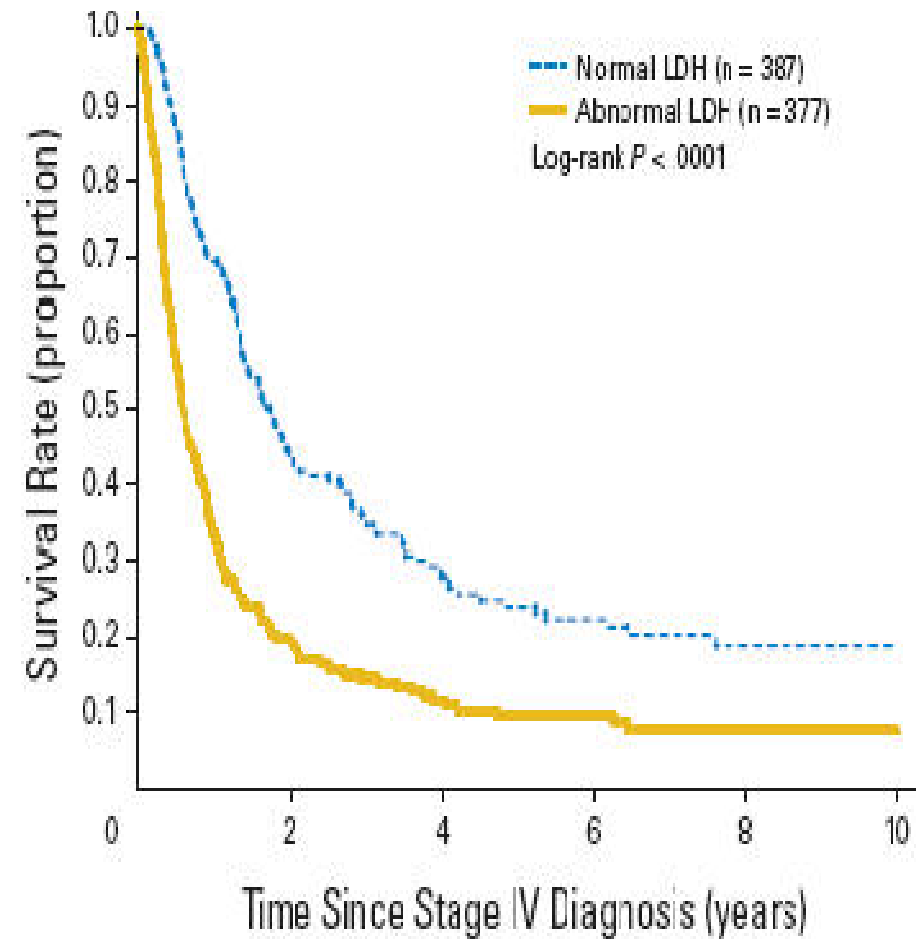
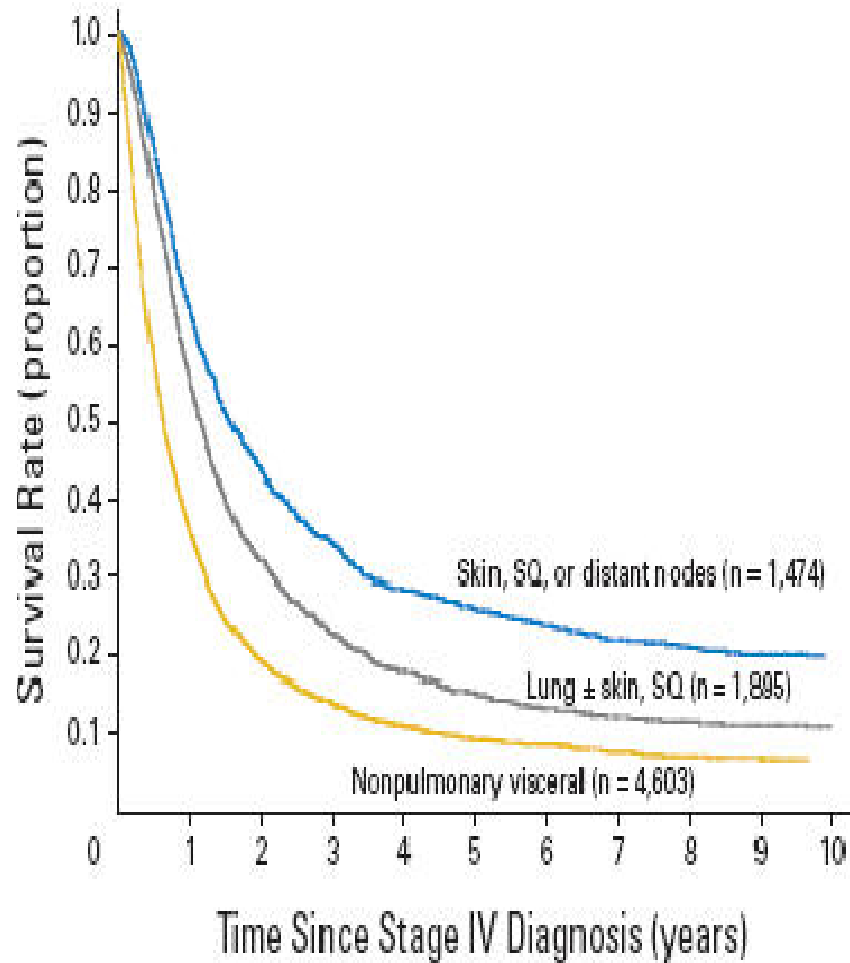


Balch CM .J Clin Oncol. 27:6199-6206 2009.

# Survival curves with metastatic melanoma

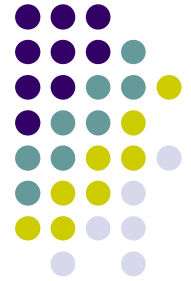
at distant site

and serum LDH level



# Disseminated metastases

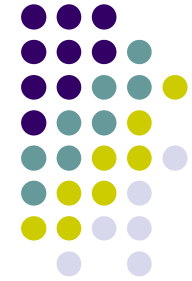
## Stage IV.



- The determinant is the location of metastases
- Level of se LDH
- se S100
- Circulating tumor cells

# NEW 7<sup>th</sup> TNM classification AJCC 2009.

## pT



pT	Tumor thickness	Ulceration
T1	≤ 1,0 mm	a: without ulc. ( <i>Clark II/III</i> ) mitosis < 1/mm <sup>2</sup> b: with ulc. or ( <i>Clark IV/V</i> ) mitosis < 1/mm <sup>2</sup>
T2	1,01 – 2,0 mm	a: without ulc . b: with ulc .
T3	2,01 – 4,0 mm	a: without ulc. b: with ulc.
T4	> 4,0 mm	a: without ulc. b: with ulc.

# TNM classification pN



## Number of metastatic lymph node

N1	1	lymph node
N2	2-3	lymph node
N3	≥ 4	lymph node lymph node conglomerate or in transit/satellita metast. with lymph node metast.

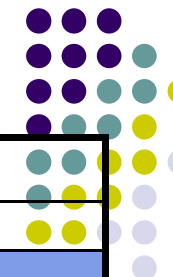
## Tumor mass lymph nodes

- a: micromet
- b: macromet.
- a: micromet.
- b: macromet
- c: in transit/satellita  
met. without lymph nod

# TNM classification pM

	Sites	LDH
Mo	No distant metastasis	not applicable
M1a	Distant skin, subcutaneous nodal metastasis	normal
M1b	Lung metastases	normal
M1c	All other visceral metastases Any distant metastases	normal elevated

# Anatomic stage Groupings for cutaneous Melanoma



Clinical staging				Pathologic staging			
	T	N	M		T	N	M
0	Tis	N0	M0	0	Tis	N0	M0
IA	T1a	N0	M0	IA	T1a	N0	M0
IB	T1b	N0	M0	IB	T1b	N0	M0
	T2a	N0	M0		T2a	N0	M0
II.A	T2b	N0	M0	IIA	T2b	N0	M0
	T3a	N0	M0		T3a	N0	M0
IIB	T3b	N0	M0	II.B	T3b	N0	M0
	T4a	N0	M0		T4a	N0	M0
II.C	T4b	N0	M0	II.C	T4b	N0	M0
III.	Any T	N>N0	M0	III.A	T1-4a	N1a, N2a	M0
				III. B	T1-4b	N1a, N2a	M0
					T1-4a	N1b, N2b	M0
					T1-4a	N2c	M0
				III. C	T1-4b	N1b, N2b	M0
					T1-4b	N2c	M0
					AnyT	N3	M0
IV29.April 2010.	Any T	An N	M1	IV.	Any T	Any N	M1

# The role of histology in the diagnosis of malignant melanoma



- Melanocytic vs. non melanocytic lesion
- Benign vs. malignant pigmented lesion
- In situ vs. invasive tumor
- Characteristics of primary tumor
  - Histological type of melanoma
  - Tumor thickness
  - Mitotic rate
  - Ulceration
  - Lymphocytic infiltrations
  - Vascular or lymphatic invasion
- Specification of the lymph node status



# Treatment of malignant melanoma

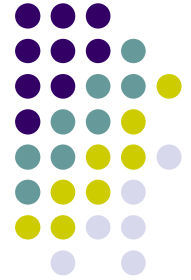
## Primary tumor pT



- Plastic surgical excision
  - Electric knife
  - To fascia of muscle
  - Safety margin depends on the tumor thickness
    - In situ melanoma (pT<sub>is</sub>) 0,5 cm
    - 1-2 mm (pT1-2) 1,0 cm
    - >2 mm (>pT3) 2,0 cm

**INCISIONS BIOPSY PROHIBITED**

# Loco-regional management



- Sentinel lymph node biopsy
  - Indispensable
  - Together with primer tumor surgery
  - or within 2-3 weeks later
  - general anesthesia
- Indications:
  - tumor < 1mm, ulceration, >1 mitosis/mm<sup>2</sup> (lev. IV/V) regression (pT1b)
  - tumor >1 mm (pT2)
- Regional lymph node dissection Stage III.
  - by histological positive sentinel lymph node
  - palpable or detectable lymph node



# Uncertain diagnosis of MM

- Excision with 5 mm safety margin
- Histological examination
- Further surgical treatment
  - Depends on the tumor thickness

**INCISIONS BIOPSY PROHIBITED**

# Adjuvant interferon $\alpha$ treatment



## Interferon alpha 2a, 2b

- Effects
  - Antiproliferative
  - Immunomodulatory
  - Inhibition of angiogenesis
  - Increase MHC1 antigen expression
  - CD4+ T cells infiltration into melanoma
- Response rate 15% (5% CR)
- Median response duration 6-9 month

(Agarwala SS. 1996)

# Adjuvant treatment of melanoma



- Indication
    - II. A, B,C, (pT2b, pT3, pT4)
    - III.A,B,C after tumor resection
  - Mode the administration
    - **Low dose:** 3 x 3 MU/ week sc. for 18 months prolong the PFS (Grob. Pehamberger)
    - **Intermediate dose** 3x9-10MU/ week sc. 12 months
    - **High dose**
      - 20MU/m<sup>2</sup> iv. 5x/week 1 Month (induction)
      - 10 MU/m<sup>2</sup> sc. 3x/ week 11 Months (maintain)
      - Significantly prolong the OS
- (Kirkwood)

# Chemotherapy

- Indication: stage IV
  - 5 years survival 6%
  - main survival 7,5 months
- Monochemotherapy
- Polychemotherapy





# Monochemotherapy

- Distant metastases
- *Dacarbacin (DTIC)*
- Remission rate 10-25% (CR 5%)
- Median respons duration 5-6 month
  - < 2% survive 2 years (Comis R. 1976)





# New drug :Temozolomid

- imidazotetrazine
- equivalent with DTIC for survival, response rate and toxicity,
- superior for progression free survival and quality of life
- Efficacy in CNS metastases
  - Better blood-brain barrier penetration than DTIC

(Middleton MR. 2000)





# New drug :Fotemustin

- The most active nitrosourea in metastatic melanoma
  - Cross the blood-brain barrier
  - Response rate 20-25%
  - CR 5-8%
  - The first significant efficacy in brain metastases
- (Khayat D 1994)
- Not universally available



# Polychemotherapy

Many side effects, no better clinical efficacy as DTIC

( Huncharek M. 2001 meta -analysis)

# Bio-chemotherapy

don't prolong OS

Falkson CI. 1998.

# Immunotherapy IL2



- High dose treatment in stage IV melanoma
- Response rate 15-20%
- CR 4-6%
- 1998. FDA approved in unrespectable cases
- Severe toxicity
- Usage effective in selected patient groups
- Low - dose treatment is ineffective

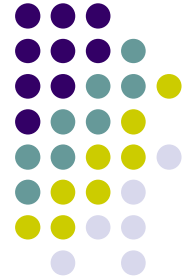
(Atkins MB, 1997, 1999,)

# Radiations treatment Stage III, IV



- Palliative treatment
  - Vascular invasion
  - Multiple lymph node metastasis with capsule involves
  - Cerebral metastases
  - Symptomatic treatment
- Treatment modalities
  - Whole brain irradiation
  - Stereo-taxis irradiation
  - After loading treatment
  - Electron radiation

# Special treatment modalities



- hyperthermic Isolated limb perfusion,
  - In case of isolated limb metastases
- Chemo-embolisation of liver





# New treatment modalities and future

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- Melanoma intrinsic drug resistant tumor
- Melanocytes acquire further mutation
- Multiple signal transduction pathways are aberrant(PI3K,MAP,NFkB)
- Enhanced cell survival
- The targeted treatment , use small molecule inhibitors reducing the treatment resistance

# New treatment modalities and future



- Anti CTLA-4 antibodies
- BRAF inhibitors
- Pro-apoptotic agents
- Anti-angiogenic treatment
- mTOR inhibitors
- Proteosoma inhibitor
- MEK inhibitors



# Cytotoxic T- Lymphocyte Associated protein – 4 (CTLA-4)



- CTLA 4 ag critical immuno-modulatory molecule
- Expressed on activated and other regulatory T- cells
- Dow-regulation of T cell activation

## Anti CTLA-4

- Enhance T cell dependent immunity

# Anti CTLA-4



## Monoclonal antibodies anti-CTLA-4

- ipilimumab
- tremelimumab
- Phase II/III trials
  - the median overall survival increased to 1 year of 25-35% for patients stage 3-4 ( O'Day SJ. 2008)
  - The treatment related toxicity is significant with 43% grade III/IV, autoimmune –mediated manifestations, which appeared dose dependent ( Phan GQ. 2003)

# BRAF inhibitors

## Sorafenib



- Small molecule
- Multi tyrosin kinase inhibitor
- Inhibit cell proliferation by targeting MAPK pathway at level of RAF kinase
- Phase I/II trial well tolerated as single agent

(Eisen T. 2006 Strumber D. 2007)

- Combination with DTIC or temozolomid encouraging in PFS (Eisen 2007, McDermott DF. 2008)

# Anti-sens BCL2 Oblimerzen



- Anti Bcl-2 antisense
- Phase III trial combination with DTIC
  - Response rate increasing
  - Improve PFS
  - Improve median OS- but not significant
  - Efficacy is higher in patients with normal level of LDH ( Bedician AY. 2006)

# Anti-angiogenic treatment



- Semaxanib
  - selective inhibitor of VEGFR-2
  - and Kit receptor kinase
  - In phase II trial is well tolerated (Peterson AC. 2003)
- Bevacisumab
  - Monoclonal antibody against VEGF-A
  - Block its binding to receptor
  - Phase II trial minimal toxicity and prolonged disease stabilization ( Vaker KA: 2007)

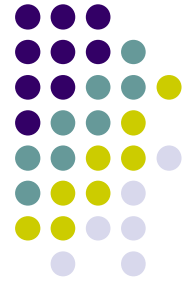
# mTOR inhibitors



- Inhibition of signal transduction pathways (PI3K/PTEN/AKT)
- CCL-779 hasn't sufficient antitumor activity as a single agent
- Phase I trial in combination with low dose INF $\alpha$  well tolerated, and potentially active
  - Direct antitumor
  - Antiangiogenic effect (Dutcher JP. 2003)

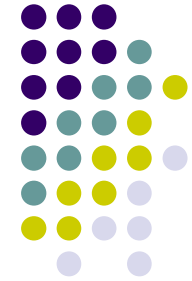
# Proteosoma inhibitor

## Bortezomib



- Dipeptidyl boronic acid analog
- Potent and reversible proteosoma inhibitor
- Phase II trial shows infectivity and toxicity as singlee agent( Markovicz SN. 2005)

# MEK inhibitors



- PD0325901 ( Phase I.)
- AZD6244 (Phase II.)
- BRAF mutant melanomas may be sensitive to this agent
- Side effects retinal vein thrombosis (Dummer R. 2008)



# Thalidomide (lenalidomide)



- Immuno-modulatory
- Anti-angiogenic
- Anti-proliferative
- Pro-apoptotic properties
- Phase II trials shows
  - Low efficacy of TMZ, thalidomid and WBRT in treatment of CNS metastatic melanoma
  - DTIC+ thalidomid activity is insufficient



# Take home message

- The only effective treatment the early detection and the appropriate surgical therapy
- The adjuvant treatment more effective in cases of micrometastases
- The high doseinterferon  $\alpha$  regime prolong the OS
- The mono-chemotherapy indicated only in stage IV
- The new treatment modalities, the targeted therapy can ameliorate the prognosis of metastatic cases



"Malignant melanoma writes its message in the skin with its own ink and it is there for all of us to see. Some see but do not comprehend"

Dr Neville Davis,  
Queensland surgeon



